



Letting Go

Intellectually, we know that all things change, yet we often hold tight to what we are familiar with. The fact is, we can't hold on to our youth, our health, our life, or even our loved ones forever. We are only the masters of our actions.

The denial of this basic truth often leads to anxiety, fear, and confusion in our minds. Even when the status quo is harmful to us individually or collectively, we hold on, because change is hard. I'll wager that we have all gone kicking and screaming to avoid change, and later sheepishly admit that it wasn't so bad as expected.



That's why I would like to call out the actions - the leadership, collective efforts, and perseverance that it took to bring about the cardboard ban in Lincoln. Beginning April 1st, one short month from now, all businesses and residents need to keep corrugated cardboard out of their trash.

Yes, the ban will create some difficulties, but that's mostly because it's a change from the old way of doing things, not because it's so much harder to do. The cardboard ban is a small step that will have a positive impact on our capital city, and potentially leverage more systemic changes in the future.

One of my heroes is a brilliant scientist, teacher and author by the name of Donella Meadows. From her web site: "Dr. Donella H. Meadows, a Pew Scholar in Conservation and Environment and a MacArthur Fellow, was one of the most influential environmental thinkers of the twentieth century. After receiving a Ph.D in biophysics from Harvard, she joined a team at MIT applying the relatively new tools of system dynamics to global problems."

Here is a powerful piece she wrote about how people can work with systems once they let go of their illusion of control. <http://donellameadows.org/archives/dancing-with-systems/> It's a real treat.

- Julie

Free Webinar March 8th

Building on Goodwill's Legacy of Reuse, Repurposing and Recycling in Greater Nebraska

FREE!

**Thursday, March 8
noon-1pm**



Goodwill Industries
OF GREATER NEBRASKA, INC.

Tammy Slater, CEO of Goodwill Industries of Greater Nebraska, Inc., will give a presentation about the Recycling, Re-Using and Re-Purposing activities of her organization, serving 55 counties in central and western Nebraska. Dedicated to helping people with disabilities or barriers reach their goals and improve their quality of life, Goodwill Industries of Greater Nebraska recycles many types of products from metals to rags, shoes to textiles. Over 3.8 million pounds were sent to recycling markets in 2016. Learn about their programs, successes, and challenges, including a glass recycling pilot launched in 2017.



Tammy Slater has been Chief Executive Officer at Goodwill Industries of Greater Nebr., Inc. since 2010. She began her career in the alcohol and drug rehabilitation field for adult women, then served as Executive Director of American Red Cross Hall County Chapter, followed by 19 years as Vice President of Human Resources and Services Administration for Chief Automotive Technologies. Tammy has a Bachelor of Science degree in Human Resources Management from Bellevue University.

Tammy has served on the YWCA, Goodwill Industries of Greater NE., Inc., St. Francis Foundation, and Health Department Boards of Directors, and is involved with the local Chamber of Commerce, Grow Grand Island Committee, Stuhr Museum, and Re-Store. She is a graduate of Leadership Tomorrow Class and long-time member of the Grand Island Noon Rotary Club. Tammy and her husband, Bill live outside of Doniphan and have been Hall County residents since 1987.

[REGISTER](#)

Volunteers Needed



Nebraska Recycling Council has volunteer opportunities for two interesting projects coming up. Please read below and contact us if you or your organization has any interest. Call or email Beth at 402-436-2384, ext. 1005, or banderzhon@nrcne.org.

Callers for the Online Recycling Guide - anytime in the next 2-3 months. We need about four volunteers to spend a total of 20 hours (daytime) to call service providers on our Recycling Guide to verify and make changes to their listings. Volunteers will work from our office and receive training.

Earth Day CHaRM (Collection for Hard to Recycle Materials) Event, Saturday, April 28. We need approximately eight to ten volunteers to assist with an outdoor event being held in conjunction with Lincoln's Earth Day event. We need helpers to unload used electronics, documents for shredding, clothing items, and batteries from vehicles over a three-hour period. Hours of the event are 9 a.m. - Noon. Volunteers will be needed from 8:30 a.m. to a little after noon. The event will be held in the parking lot at Nebraska Innovation Campus. This event is a fundraiser for the Nebraska Recycling Council.

[SEND EMAIL](#)

Webinars & Events

[March Training Opportunities with ENERGY STAR®](#)

8 training opportunities available in March

[Webinar: Getting to the Bottom of Top Food Waste Sources](#)

Thu, Mar 15 | 12 - 12:30 pm | [REGISTER](#)

[Webinar: An Introduction to Lithium Batteries and the Challenges that they Pose to the Waste and Recycling Industry](#)

Thu, Mar 22 | 12 - 1:30 pm | [REGISTER](#)



Articles of Interest



[The Public Pulse: Bellevue sees the value in recycling](#)

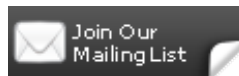
Bellevue officials have had a pilot program for the last two years and found that recycling increased dramatically, thus reducing trash-hauling costs.

[Survey: 5.1M residents have access to curbside organics collection](#)

The U.S. now has 148 curbside organics collection programs that are accessible to 5.1 million residents in 326 communities.

[From Green Fence to red alert: A China timeline](#)

A timeline of events related to the market phenomenon. This tool will be continuously updated as Chinese restrictions evolve and as stakeholders in the U.S. and elsewhere respond.



Nebraska Recycling Council

402-436-2384

www.NRCNE.org

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