

BECAUSE SAFETY MATTERS.

5 to Stay Alive



Safety Tips for Waste Collection Employees

1. Always wear PPE, especially high visibility vests and/or outerwear.
2. Never use your cell phone or text while driving the truck or at a disposal facility.
3. Don't ride on the step if the truck is BACKING or going forward more than 10 mph or 1/5th mile per ANSI Z245.1.
4. Always comply with safety belt rules.
5. Don't exceed the speed limit and don't rush.

SWANA wants you to go home to your family every day, safely.

SWANA.org/SAFETY

Top 10 Backing Best Practices

1. Determine you are fit to drive

Be mentally and physically prepared and properly trained

2. Conduct a thorough pre-trip inspection

Take 10 to 15 minutes to check vehicle

3. Plan ahead and avoid backing if possible

If you must back, turn on driver's side

4. No helpers on the riding step

Helpers should be in cab or visible to driver

5. Get Out and Look (GOAL)

Leave the cab to check surroundings

6. Start backing within a few seconds after check

Conditions change quickly

7. Use a guide or spotter

Should be reliable and well-trained and visible to the driver

8. Blow the horn

Thoughtfully alert those around you before backing and have your window down to better hear surroundings

9. Utilize technology

If equipped, use back-up cameras and other resources

10. Back slowly and cautiously

Use the lowest possible gear or idle speed and do not accelerate

